



Coaching Upgrades

Old Level I

Any coach who did not complete the "Make Ethical Decisions" course by December 31, 2014, must now take the full Community Coaching course at a cost of \$60.00 to become recertified.

Old Level II

Level II coaches must complete the Intro to Competition Competitive Stream Make Ethical Decisions (MED) upgrade by December 31, 2015 or lose certification.

The MED portion can be taken through the O5PBA at a cost of \$20-\$25, depending on the number of registrants. Once this has been completed you must then take the online MED Evaluation portion through the CAC at no cost. Without taking the MED course through O5PBA, the online fee is \$85. Full detailed instructions on how to complete the online portion at www.coach.ca is available on the O5 website at www.o5pba.ca/coaches corner.

As mentioned in the February newsletter, the O5PBA is conducting an Intro to Competition Competitive Stream MED course at the Provincial Open Championships in Hamilton on **Wednesday, April 1, 2015** for Level II coaches to get their certification updated. Once this has been completed, as stated above, you need to take the online MED evaluation portion through CAC at no cost.

The Intro to Competition Competitive Stream MED course will run at the Sheraton Hamilton Hotel at 9:00 a.m. until noon, room to be confirmed upon registration. The cost will be \$25.00. Coffee and muffins will be provided.

If you are interested in taking this course, contact the O5PBA office at 416-426-7162 or via email at o5pba@o5pba.ca as soon as possible to register. We are taking a maximum of 40 people only.

There will be other Intro to Competition Competitive Stream MED courses scheduled to run in various regions between April and November of this year. We will advise you via Facebook and this newsletter of the dates and locations of these courses, or you can also go to Coaches Corner on the O5 website.

Youth Challenge Nationals

The Youth Challenge Nationals are being held in Edmonton, Alberta March 26 to 29. The Ontario team is being coached by Frank Ladoceur and Marilyn Gordon and we wish them the very best of luck and good bowling.

Tournaments

Youth Challenge Nationals

Edmonton, Alberta

March 26 to 29, 2015

Ontario Provincial Open Championships

Hamilton, Ontario

April 1 to 4, 2015

Ontario Senior Open Provincial Championships

Hamilton, Ontario

April 1 to 4, 2015

Booster Club Championships

Zone/DC Finals End

April 5, 2015

Inter-Provincial Championships

Gatineau, Quebec

April 23 to 26, 2015

Holiday Classic Provincial Championships

Hamilton, Ontario

April 25, 2015



Bowling School

The School is being run July 16 – 19, 2015. The cost has not changed -- \$550 or \$600 if students need to arrive on the Wednesday night. The cost for Thursday to Sunday with no accommodations is \$430 – the participant needs to be dropped off and picked up from Sherwood Centre by a parent/guardian. All prices include H.S.T.

Information and forms can be obtained from the O5 website www.o5pba.ca/bowling_school.

Merivale 5 Pin Bowlers' Association

The Merivale 5 Pin Bowlers' Association will be holding their Annual Bowlathon in support of Special Olympics Canada on May 3, 2015 at the Merivale Bowling Centre.

For further details and contact information regarding this event, please see the attached poster at the end of this newsletter.

High Low Doubles & League Executive Championships

The High Low Doubles and League Executive Provincials were held at Sherwood Centre on February 21, 2015. The High Low Doubles winners were:

- 1st PLACE:** Andrew Lampman / Dan Murray
Tri-County +327
- 2nd PLACE:** Linda Scott / Amanda Bemister
Central Ontario +307
- 3rd PLACE:** Andy Rainey / Gerald Esper
Huron +303
- 4th PLACE:** Daryl Bergeron / Denise Bedard
Orleans +238
- 5th PLACE:** Richard Baril / Sally Baril
Grand River +211
- 6th PLACE:** Ross McNicoll / Joanne Johnston
Cobourg +173

The League Executive winners were:

- 1st PLACE:** Deb Finzgar
Dickson +227
- 2nd PLACE:** Charlie Williamson
Bradford +223
- 3rd PLACE:** Kevin Brabender
Western Ontario +152
- 4th PLACE:** Cory Coffell
Ottawa Valley +142

Full tournament results can be found at:
<http://www.o5pba.ca/tournament>

Hamilton 5 Pin Bowlers' Association

The Hamilton 5 Pin Bowlers' Association will be holding a Bowlathon in support of Special Olympics Canada on April 11, 2015 at Sherwood Centre.

For further details and contact information regarding this event, please see the attached poster at the end of this newsletter



Central Ontario 5 Pin Bowlers' Association Hall of Fame Inductees

On Friday, March 6th the Central Ontario 5 Pin Bowlers' Association inducted the following individuals into their Hall of Fame.



From Left to Right: Joanne Coram – Player, Jodi Myers – Builder and Joan Archibald – Builder

RBC Sports Day in Canada



RBC Sports Day in Canada is a national celebration of the power of sport to build community and get Canadians moving! The sixth annual event will take place on **Saturday, November 21, 2015** in communities from coast to coast to coast in celebration of the [Year of Sport](#).

Mark your calendar and co-ordinate your Youth Challenge Zone finals in conjunction with this date.

Silver Sponsor





The Merivale 5 Pin Bowlers' Association is proud to announce the

Annual Bowlathon
in support of
Special Olympics Canada

May 3, 2015

9 a.m - 1 p.m.

Merivale Bowling Centre
1916 Merivale Road

format this year

It's a Strike 13

Entry: \$20 or more per person in pledges

There will be something for everyone:

Prizes: Team with the most pledges
Youth Bowlers both Male & Female with most pledges

Silent Auction (2-3 tables of items to bid on)

Help us help our community by:
by soliciting prizes, making a donation or coming out with friends to bowl

For more information
call Fred Hudson (613-599-8776)





Hamilton 5 Pin Bowlers' Association

A division of the Ontario 5 Pin Bowlers' Association (O5PBA)
A division of the Canadian 5 Pin Bowlers' Association (C5PBA)
c/o 230 Athenia Drive
Stoney Creek, Ont. L8J 1T7



Special Olympics Canada Bowlathon

Sherwood Centre

Fennell Ave East at Upper Ottawa, Hamilton

April 11, 2015

1:00 to 3:00pm

This is the fourth season for the partnership of **Hamilton 5 Pin Bowlers' Association**, the Canadian 5 Pin Bowlers' Association and **Special Olympics Canada**.

In the past, local companies and associations and the individuals that come out and bowl or who have volunteered over the past 20 years, have helped raise over \$400,000 for other community organizations.

We need you; our goal for 2015 is to reach \$10,000

Special Olympics Canada supports all intellectually challenged athletes and coaches in all sports right across Canada.

This will be a fun family day, with a silent auction table and lots of prizes, what are you waiting for?

Mark this date on your calendar, call for a pledge sheet and start collecting sponsors.

Collect over \$100 in sponsors to be entered into a bonus draw.

To register a team and get pledge sheets, call Norm Macdonald
905-561-2685.

Please make cheques payable to C5PBA/Special Olympics Bowlathon.

Only 48 lanes available, so register early to avoid disappointment.