



## **THE O5PBA BOWLING SCHOOL**

The O5PBA Bowling School is operated by the Ontario 5 Pin Bowlers' Association, in collaboration with Youth Bowling Canada, Ontario Division and the Master Bowlers' Association.

By bringing the expertise of these organizations together in such an endeavor, we hope to promote the sport of five pin bowling and its combined play by all age groups. We hope to foster an atmosphere of camaraderie, sportsmanship, and excellence through the best 'forum' of learning available.

This learning will hopefully take place, not only through the Learning Facilitator/Student relationship, but also with all individuals involved.

## **ABOUT THE O5PBA BOWLING SCHOOL**

The O5PBA Bowling School operates with a minimum of 48 students but a maximum of 60 students from across Ontario. An effort will be made to include a representation of province-wide individuals to maintain a mix of variety and interest.

The students are divided into three major "classes", then into groups within that class. This will allow for a very low student to Learning Facilitator ratio. The three classes and the groups within are arranged per the student's skill level and the Long-Term Athlete Development model.

<https://www.c5pba.ca/pdf/ltad.pdf>

## **THE STAFF**

The O5PBA Bowling School will provide each group of students with a Learning Facilitator who will be responsible for that group during the entire four-day event. We strive to maintain the highest caliber of instruction available. Many, if not all, of our staff carry an Intro to Competition certification or the minimum of Community Coach.

On the Friday, the "High Performance Athletes" or elite competitors will be introduced and assigned one per groups. Working together, the two staff members will bring a high degree of expertise and experience to the student population.

While the elite competitors are assigned to a specific group, we encourage the students to feel comfortable to approach any of the staff on a casual basis during breaks or downtime to discuss any specific issues they wish.

## **THE SCHEDULE**

The schedule is full of a variety of events. In four days, we strive to maintain a balance of activities, from in-depth lane instruction to enjoyable social activities. Each day's theme will be maintained throughout these activities. The four-day schedule, included in the student handbook, identifies the major events, teaching sessions, social events, off lane sessions, tournament events and of course, mealtimes.

There is much to accomplish, and the pace is hectic. However, with the cooperation of everyone, we anticipate great success.

The Learning Facilitators will arrive on Wednesday; students will arrive on Thursday morning (unless you are an approved Wednesday arrival) and Elite Competitors will arrive on Friday. The O5PBA Bowling School will then be closed to all parents & the public but will be open to parents and visitors on Sunday afternoon for the final events, closing ceremonies and award presentations.

## **INSTRUCTION**

While we will concentrate on "on-lane" work, and promoting the fundamental aspects of the game, it is not in our interest in any way to undermine those lessons already learned by the student through their own YBC programs. We only hope to highlight and enhance valuable lessons, while providing an interesting learning environment. It is our intent to pass on our comments and suggestions to YBC program coordinators upon completion of the school.

## **THE CURRICULUM**

The curriculum is structured around the various teaching sessions indicated in the schedule. These sessions include a variety of activities including On-Lane Work, Off Lane Sessions, Games Recorded and the various skills test.

**On-Lane Work:** Each of the student groups will have lanes to use at any time for instruction and practice. This is the time when the staff will do most of their 'teaching' and one-on-one work with the students.

**Off Lane Sessions:** Four off lane sessions have been planned during the teaching sessions. Each of the sessions has been closely coordinated with the four-day themes and we hope that discussion will continue from the sessions onto the lanes.

The curriculum, of which the sessions form an important part, will be specifically tailored to the various “classes”.

**Games Recorded:** As part of the on-lane work and tournament events, individual students will be compiling a record of games played on special scoring forms. This game analysis will be compiled and forwarded to the students at mid-point and after the completion of the school. While the school is proceeding, these scores will be used as part of the ‘aggregate’ board.

**The Laboratory:** As an added interest, the school has pulled together a variety of skills tests. A series of activities will enable everyone to have some fun while focusing on specific skills. A detailed description of this is included in the handbook.

## **TOURNAMENT EVENTS**

The O5PBA Bowling School has been structured so that there are also tournament events. These events will be flat score or pins over average formats. A complete description of these events is included in the handbook. While prizes will be awarded, these events are more importantly a place where the students can put valuable lessons to use. Tournament results will be posted with each event.

Included as part of the tournament events are two special activities, which create much interest, competition, and fun. These are the ‘**gauntlets**’. These events allow the students to meet their staff on the lanes in a one-ball match. Further description of how the gauntlet works and scores is included in the tournament section of the handbook.

## **SOCIAL ACTIVITIES**

It’s not all about bowling. To break up the schedule we have several supervised social times planned. These activities will allow the students a break from the bowling centre and a chance to meet the other students.

## **MEALS**

We provide three very well-balanced meals each day of the four-day event. A breakfast buffet will be provided every morning at McMaster (for those stay on campus) before leaving for the bowling centre. At the bowling centre, all activity will stop for lunch and dinner breaks. Just to help keep everyone going, a delicious assortment of fruit and beverages will be available at the lanes throughout the day.

## **PRESENTATION AREAS**

The bowling organizations that exist in Ontario and their scope of involvement are extensive. We hope to bring the students up to date with these organizations and their major events. Therefore, we try to maintain a 'Presentation area' of information pertaining to these groups. Namely, the Ontario 5 Pin Bowlers' Association and its local Associations, the Master Bowlers' Association, Youth Bowling Canada, Ontario Division, and the O5PBA Hall of Fame. These displays should be of interest to all.

## **ACCOMMODATION**

We utilize McMaster University as its 'home' during our stay. Students will be sharing rooms on a two student per room basis. While the accommodations are comfortable, do not expect 'hotel' like facilities.

## **EVALUATION FORMS**

It is important for us to understand how the events and activities are perceived by those in attendance. To help us do that, we have compiled a series of evaluation forms for all parties. Every year, these forms prove invaluable in planning for the next year's activities. Although they are somewhat tedious, please take the time to answer the forms sincerely, to help plan for next year.

## **ALL STAR TEAM**

Selection of a distinctive 'All-Star Team' is done each year. Students are evaluated based on both skills and personal development. The selection will place emphasis on conduct, attitude, willingness to learn and skill.

If anyone has any questions, please feel free to send an email to [o5pba@o5pba.ca](mailto:o5pba@o5pba.ca) to the attention of Mike Wilson or to [mikewilson@o5pba.ca](mailto:mikewilson@o5pba.ca) and I will do my best to address your concerns.

Thank You.

Mike Wilson  
O5PBA Provincial Secretary  
Bowling School Chairman